



Honor Society of Nursing  
Sigma Theta Tau  
International

# Rho Chapter

University of Michigan  
Chartered 1957

[www.nursing.umich.edu/info/current-students/clubs-organizations/sigma-theta-tau](http://www.nursing.umich.edu/info/current-students/clubs-organizations/sigma-theta-tau)

Spring 2015, VOLUME 15, NUMBER 1

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**Website: (School of Nursing)**  
<http://nursing.umich.edu/rho-chapter>

**Chapter Web page The Circle:**  
<http://rho.nursingsociety.org/RhoChapter/Home>

**Facebook Page:**  
[Facebook.com/SigmaThetaTauInternationalRhoChapter](https://www.facebook.com/SigmaThetaTauInternationalRhoChapter)

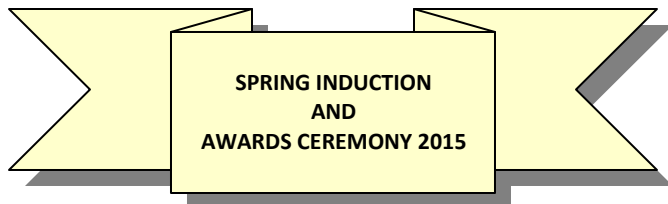


## CONGRATULATIONS TO NEW RHO CHAPTER MEMBERS

Alexandra Agapiou	Christina Chalk	Brianna Ebner	Katie Kankiewicz	Katelyn Pitcher	Felicia Strong
Freja Andrews	Joy Chern	Colleen Doyle	Kelsey Kraemer	Max Pizzo	Molly Sutika
Kaitlyn Auty	Olivia Cholewa	Gail Elder-Battle	Sydney Liedel	Christopher Plampin	Brooke Szymanski
Paige Bearden	Angela Cipollina	Elizabeth Ferrill	Bradley Liestenfeltz	Katelyn Quinlan	Caroline Tackett
Tracy Birchmeier	Meghan Clarke	Monique Fiscelli	Elizabeth Lineback	Emily Rice	Cassandra Thelen
Rachel Bloink	Haley Codere	Sarah Fisher	Kimberly McCabe	Torri Rogers	Rachel Trumbo
Emily Boltey	Marie Colainne-Wolfer	Taylor Flynn	Abby Mejeur	Jennessa Rooker	Shelley Turzewski
Connor Brancheau	Meghan Conger	Casey Frost	Stephanie Miller	Amanda Schab	Imani Watkins
Natalie Breach	Margaret Craft	Taya Hamilton	Hillary Miller	Cynthia Scheuher	Mary Wood
Iona Bule	Brianna Crothers	Ruthanne Havlichek	Krista Myers	Kimberly Schroers	Rachel Wood
Courtney Caid	Danyelle Cummings	Carly Hedemark	Jaclyn Oja	Frank Schymik	Samantha Wylie
Olivia Carbone	Megan Czerwinski	Jennifer Jarnot	Miranda Ojeda	Victoria Senkiv	EmilyYoung
Austen Carie	Veronica Davalos	Amanda Kalinsky	Kellee Olson	Katherine Seraydarian	Aaron Zalewski
Amanda Carroll	Ashley Deford	Grace Kanzawa	Susan Pasley	Jordan Shifman	
Bernadette Carroll	Kristin Dib	Kelsey Kippe	Amanda Paulsen	Meghan Smith	

## Community Leader Members

Amal Dahmani	Mary LaBeske	Kathleen Standish
Sandra Kendziora	Mary Beth Pace	Marie Wolfer



The annual Rho Chapter Induction and Awards ceremony was an exciting capstone to a remarkable year for our Chapter. The event was held on Sunday April 12, at the Michigan Union Ballroom. This year, we inducted 88 enthusiastic new student members and 6 community leaders. Chapter President, Marge Calarco presented Chapter Awards to six outstanding nurses and future nurses for exceptional leadership, service, and clinical practice. The chapter also presented its annual research grant awards. Thanks to the generous contributions of members and their guests, Rho Chapter was able to support the Delonis Shelter with gifts of socks and toiletries and a generous cash donation collected at the ceremony.

This annual event was coordinated by our faithful Awards Chairperson, Mary Sue Webb and her helpers. Mary Sue oversaw the awards selection process and handled the planning for the ceremony. A special thank you also goes to our Faculty Counselor and Counselor-Elect, Jessie Casida and Libby Brough, who managed all of the details of the new member selection process. The Chapter is very grateful for the support of Dean Potempa, who provided funding for the photography services for our event and to Jamie Myers from the School of Nursing for her excellent publicity coverage on the School's website. And finally, sincere thanks to Past President, Sharon Smith, President-Elect Debbie Price, and to Mary deBardeleben, Rho Chapter's outstanding administrative support person, and many other helpers, for making this event special for our inductees and awardees. To see more photos including a slide show of the ceremony, click on this link <http://nursing.umich.edu/about-our-school/news-portal/201504/4416#.VWB4tUZcLwU>. For members who are reading a paper copy, visit the School of Nursing website: [www.nursing.umich.edu/](http://www.nursing.umich.edu/) click on News Portal, and look for the April 15 news item about Rho Chapter.



### Congratulations to Our Chapter Award Winners:



Front row: Emily Rice, Candia Laughlin, Barbara Freeland, Cindy Fenske, Mary Jo Kocan

#### **Excellence in Nursing Research**

Milisa Manojlovich, PhD, RN, CCRN

#### **Excellence in Nursing Education**

Richard W. Redman, PhD, RN,  
Professor Emeritus

#### **Excellence in Nursing Leadership**

Candia Baker Laughlin, MS, RN-BC

#### **Distinguished Service**

Mary Joan Kocan, MSN, RN

#### **Student Leadership**

Alexandrea Garbus, BSN, graduate  
student, Nurse Midwifery Program

#### **Drickamer Student Mentorship**

Emily Rice, senior nursing student, BSN Program

### **Congratulations to Rho Chapter Research & Special Projects Grant:**

Lisa Hoyland-Domenico, BSN, RN, PhD(c)

*"Problem Recognition and Treatment Seeking within the Alcohol Disorders: Self-schemas as the Cognitive Foundations"*

Barbara Freeland, DNP, RN, ACNS-BC, CDE and Cindy Fenske, DNP, RN, CNE

*"Providing Nursing Students with Experiential Learning Opportunities to Increase Knowledge and Improve Attitudes Toward People Living with Diabetes"*

#### **HOW TO CONTACT RHO CHAPTER:**

**Email:** [Nursing-STT-Rho@med.umich.edu](mailto:Nursing-STT-Rho@med.umich.edu)

**Phone:** 734-764-5315

**Chapter Website:** [www.nursing.umich.edu/rho-chapter](http://www.nursing.umich.edu/rho-chapter)

#### **HOW TO CONTACT SIGMA THETA TAU INTERNATIONAL**

**Email:** [memserv@stti.org](mailto:memserv@stti.org)

**Phone:** 888-634-7575

**STTI website:** [www.nursingsociety.org](http://www.nursingsociety.org)

## PRESIDENT'S COLUMN

Spring seems to have arrived (in spite of a few dips in the temperature) and it is wonderful to see the flowering trees and plants emerging. This time of new growth is an excellent opportunity to review Rho Chapter's accomplishments. One of my proudest moments was our annual Awards and Induction ceremony on April 12 where we honored six Rho Chapter members and welcomed over 90 new members. It was wonderful to experience the energy of our newest members and honor the accomplishments of our awardees.



By Marge Calarco, PhD, RN  
President, Rho Chapter

This year I am pleased to announce a new leadership award. made possible

by the generosity of Anne Hurlley. Ms. Hurlley funded the award in memory of her mother, Jean Drickamer, and Rho Chapter provided matching funds. The Drickamer Student Mentorship award will be given annually to a student who demonstrates leadership, service, and mentorship to others. Congratulations to our first awardee, Alexandra Garbus, a graduate student in the Nurse Midwifery program. It is also my pleasure to acknowledge donors who included additional funds for Rho or STTI with their annual dues. See page seven for a listing of the names of these generous members. Thank you for supporting our Chapter!

Rho Chapter recently completed an agreement to give a substantial donation to the School of Nursing to support the new academic building that will house lecture halls and research labs. Of this amount, 25% will be placed in the School of Nursing's endowment fund and in return the school will name a proctoring room to honor Sigma Theta Tau International Rho Chapter. The remainder will be used to establish the Rho Chapter Scholarship fund which provides annual scholarships to one graduate student and one senior student who demonstrate the ideals of Sigma Theta Tau. Rho chapter also supported community service projects such as the Delonis Center and the student nurses' Dance Marathon team, along with co-sponsoring continuing education through conferences and poster events through the Institute for Professional Nursing, the School of Nursing and UMHS.

None of these accomplishments would be possible without your continuing membership in Rho Chapter. Each year, you receive an email from STTI when it is time to renew. Please make sure to continue your Rho Chapter membership--dues average only \$8 per month. Yet your dues enable our chapter to provide substantial support for nursing students and continuing education of our members.

Together we can continue to provide important opportunities to educate, mentor and support our nursing community in the service of the students, nurses patients and families we serve across the globe! Thank you!

## RHO CHAPTER OFFICERS



Row 1: Michelle Munro, Penny Riley, Debbie Price, Marge Calarco, Mary Sue Webb, Deb Dombrowski, Sandra Breck; Row 2: Jessie Casida, Stephen Strobbe, Shandra James, Cristina Wojack, Libby Brough, Paul Edick

### President:

Margaret Calarco, PhD, RN (mcalarco@med.umich.edu)

### President-elect:

Deborah Price, DNP, RN (deprice@umich.edu)

### Vice-President:

Shandra James, DNP, RN, CCRA, CCRP (scaylor@umich.edu)

**Treasurer:** Sandra Breck, MS, MS, RN (sbreck@umich.edu)

### Secretary:

Paul Edick, BSN, RN (edickp@med.umich.edu)

### Faculty Counselor:

Jessie Casida, PhD, RN, APN-C, CCRN-CSC (jcasida@umich.edu)

### Faculty Counselor-Elect:

Elizabeth Brough, PhD, RN (ebrough@umich.edu)

### Past President:

Sharon Smith, PhD, RN (slsmith@med.umich.edu)

## COMMITTEES

### Excellence in Nursing Awards

Mary Sue Webb, BSN, RN (mswebb@med.umich.edu)

### Governance Committee (Membership & Bylaws)

Chairperson: Stephen Strobbe, PhD, RN

Member: Jessie Casida, PhD, RN, APN-C, CCRN-CSC

Member: Elizabeth Brough, PhD, RN (ebrough@umich.edu)

### Leadership Succession Committee

Chairperson: Sue Clemen-Stone, MPH, RN

Member: Penny Riley, MS, RN (priley@umich.edu)

Member: Michelle Munro, PhD, CNM, FNP-B (munro@umich.edu)

### Newsletter/Publicity:

Ann Kruszewski, PhD, RN, Chair (annkrusz@umich.edu)

Amanda Schuh, MS, RN, Social Media Chair (krohna@umich.edu)

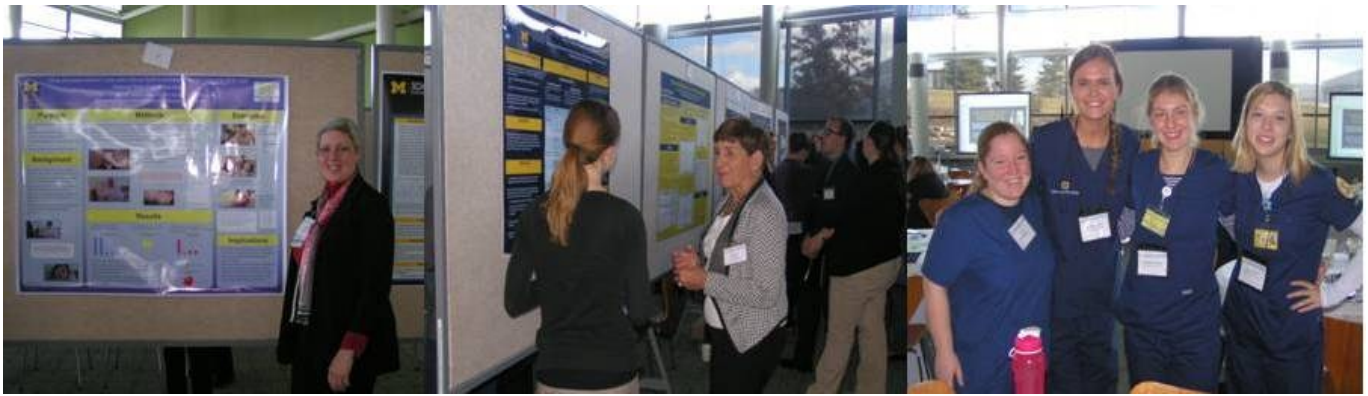
### Research/Special Projects

Jane Anderson, PhD, RN, Chair (janea@umich.edu)

### Finance

Cristina Wojack, BSN, RN Chair (wojack@umich.edu)





(April 2, 2015): *From Molecules to Community: The Science of Pain*

### **DEANS RESEARCH DAY**

This year's Dean's Research Day, showcasing scholarly work by students and faculty, was exceptional in the large number of poster presenters and attendance by nursing colleagues across the state and from a variety of disciplines including dentistry, engineering, and psychology. Rho Chapter continued its annual support for the Dean's Research Day. Susan G. Dorsey, PhD, RN, FAAN from the University of Maryland School of Nursing presented the fifth annual Brouse Lectureship. Dr. Dorsey described basic biologic mechanisms underlying chronic pain. The science of pain was further described by faculty from the UM School of Nursing and School of Medicine. Janean E. Holden, PhD, RN, FAAN, UMSN Associate Dean for Research, presented, "*Why Doesn't My SNRI Stop My Neuropathic Pain?*" Ellen Lavoie Smith, PhD, APN-BC, AOCN, UMSN Assistant Professor, described neuropathic pain mechanisms in cancer patients. Carmen R. Green, MD, University of Michigan Health System presented "*Pain Management in the Community.*"

Poster presentations focused on nursing management of pain, management of chronic illness, pediatric care, global initiatives and health care systems organization. New Rho chapter members received several honors including a first place in the Student Award category by BSN honors student and new Rho Chapter member, Margaret Craft for her poster, *Health literacy and Type 1 diabetes: Examining the Adolescent-Parent Dyad* (co-authored by Dawn Dore-Stites, PhD; Donna Marvicsin, PhD, PNP-BC, CDE). The Students' Choice Award was presented to new Rho member and BSN Honors student Frank Schymik, BSN, along with his co-authors, Terri Voepel-Lewis, PhD, RN and Ellen Lavoie Smith, PhD, APN-BC, AOCN. His poster was titled, "*Parental Opioid Decision Making For Children With and Without Obstructive Sleep Apnea Who Underwent Tonsillectomy and Adenoidec-tomy.*"

A photo display and additional information from the event is available at: <http://nursing.umich.edu/about-our-school/news-portal/201504/4403#.VWO7JEZcLwU>

### **CONGRATULATIONS RHO CHAPTER GRADUATES!!**



*Best wishes to all of our members who participated in the School of Nursing Commencement on May 2. Your future is bright!*

**KUDOS!!!**

**Congratulations** to UMSN Clinical Assistant Professor *Michelle Pardee*, DNP, FNP-BC, and Associate Professor *Cynthia Arslanian-Engoren*, PhD, RN, ACNS-BC, FAHA, FAAN, for interdisciplinary project, "Using interprofessional student teams to

teach contemporary inter-professional practice in health care." This project won the Provost's 2015 Teaching Innovation Prize (TIP) which recognizes faculty members who have developed approaches to teaching that incorporate creative pedagogies.

**Congratulations** to *Daniel Ochylski* and *Ashley Maresh*, who were recently initiated into Phi Kappa Phi, the nation's oldest and most selective collegiate honor society for all academic disciplines.

**Congratulations** to *Grace Kanzawa*, senior Honors Program student for winning the Honors Program Outstanding Project Award for her work on "Chronic Neuropathic Pain Patterns in Women before and after Breast Cancer Surgery: a 6-Month Longitudinal Correlational Study" Her faculty mentor was Dr. Ellen Smith.

Professor Emerita *Carolyn Sampelle*, PhD, ANP, FAAN, received the Midwest Nursing Research Society's (MNRS) Lifetime Achievement Award. The award recognizes her contributions to nursing science in the prevention of urinary incontinence in women using noninvasive techniques.

Associate Professor *Marjorie C. McCullagh*, PhD, RN, PHCNS-BC, COHN-S, FAAN, was inducted as a fellow in the American Association of Occupational Health Nurses. The fellowship recognizes leaders in Occupational and Environmental Health Nursing who demonstrate outstanding accomplishments through significant contributions in clinical practice, education, research, management, or policy. Dr. McCullagh is actively involved in prevention of noise-induced hearing loss research.

*Lisa Kane Low*, PhD, CNM, FACNM, FAAN, has been elected as the President-elect of American College of Nurse Midwives (ACNM). Dr. Kane Low is an associate professor at the U-M School of Nursing, member of U-M's Institute for Healthcare Policy and Innovation, Women's Studies Department, and U-M Health System's Department of Obstetrics and Gynecology.

**IN MEMORIAM**

Long time Rho Chapter member Marguerite Harms passed away on April 26, 2015 in Ann Arbor, Michigan. Marguerite was a nursing administrator at UMHS and a faculty member of the U of M School of Nursing. She was a dedicated Rho member who donated her Rho Chapter pin as an award for a future member. She noted that her induction was "even more memorable than attaining her masters degree." She will be greatly missed. More information about her life can be found at this link <http://www.niefuneralhomes.com/obituaries/Marguerite-Harms/#!/Obituary>

**RHO CHAPTER SUPPORTS U OF M NURSING DANCE MARATHON TEAM**

On March 14, Nursing students Katie Douglas, Marni Jacobson, Jen Jarnot, Sarah Hoffman, Taylor Nicholson, Mariela Macedo, Juliet Paterson, Grace Moore, Awbrieh Slagle, Sammy Scoggin, Alison Rossini, Caroline Rossini and Abigail Grimm participated in U-M's Dance Marathon and assisted in



raising over \$460,000 to help fund pediatric therapies for children with disabilities. Rho Chapter supported the nursing team with a donation toward the team's fund. Dance Marathon is a student-run non-profit organization that raises both monetary support and awareness for the needs of the pediatric rehabilitation therapies at C.S. Mott Children's Hospital in Ann Arbor and Beaumont Children's Hospital in Royal Oak.

**STEPHEN STROBBE, GOLDEN APPLE AWARD WINNER**

Rho Chapter congratulates Dr. Stephen Strobbe, Dr. Strobbe is a clinical associate professor at the School of Nursing and



Dr. Strobbe was clearly surprised by his award

Department of Psychiatry, and serves Rho Chapter as the chairperson of the Governance Committee. Dr. Strobbe was the recipient of The Golden Apple Award which is a university-wide honor selected by students. The award honors a U of M faculty member who consistently delivers lectures as if it were their last and strives to inspire and engage students in the pursuit of knowledge. Dr. Strobbe was surprised by his award during his "Mental Health & Illness" class.

Students commented on Dr. Strobbe's sensitivity and respect in handling extremely challenging topics such as suicide, his dedication to helping students succeed, and his ability to bring humanity and empathy to his teaching style and nursing practice. To view Dr. Strobbe's award presentation and Golden Apple Lecture, "Lessons from an Imperfect Life: A Premature Last Lecture," visit the YouTube link: <https://www.youtube.com/watch?v=EBdlowik6I>

**--Do you have news or accomplishments to share?**

Contact Newsletter Editor Ann Kruszewski (annkrusz@umich.edu) by **November 15** with details of your news item for publication in the Fall 2015 newsletter.



## NOMINATE A COLLEAGUE FOR COMMUNITY NURSE LEADER MEMBERSHIP

Do you know a nurse who displays leadership, creative work, support for professional standards and commitment to scholarly nursing? Faculty—do you work with nurses in your practice settings who show these qualities? This nurse should become a member of Sigma Theta Tau! The "Community Leader" membership category is for practicing nurses who hold at least a bachelor's degree, and whose professional work exemplifies the purposes of Sigma Theta Tau International.

To recommend a nurse for membership, use the nomination form on the back cover of the newsletter OR visit the Rho chapter website, and download the membership form by going to <http://nursing.umich.edu/info/current-students/clubs-organizations/sigma-theta-tau/membership> and scroll down and click on the "Community Leader" link.

The prospective member will be asked to complete an application and to provide a C.V. Nominations are due **September 15, 2015**.

## UPCOMING EVENTS



### Rho Chapter Events:

- ◆ Community Leader nominations: Due September 15, 2015 (see back page for form)
- ◆ Research/Special Projects Grants: Due September 30, 2015
- ◆ Travel Grant Fund and Honored Elders Fund: Applications are accepted at any time. Grant information and applications are available on the Rho Chapter website: [www.nursing.umich.edu/rho-chapter](http://www.nursing.umich.edu/rho-chapter) (click on "Awards" link).

### Rho Chapter Supported Events:

- ◆ UMHS Nursing Poster Session 2015 (September 21-22, 2015). Visit Rho website in September for details.
- ◆ IPN Fall CE dinner. More information and date to come. Visit [ipnnursing.org](http://ipnnursing.org) in September for registration information.
- ◆ Rho chapter events are also found on the School of Nursing's online calendar and on our Facebook and Twitter sites. To access the SoN Calendar, go to [www.nursing.umich.edu](http://www.nursing.umich.edu) and click on "Events Calendar."

### STTI Events:

- ◆ **The biennial Region 10 Conference** will be held April 15-16, 2016 in Ann Arbor, Michigan. Look for flyers in the Fall. This conference features a keynote address by outstanding national nursing leaders so make sure to save the date!
- ◆ **The 26th STTI International Nursing Research Congress** July 23-27, 2015, San Juan Puerto Rico. features a global exchange of advanced-practice nursing knowledge and innovative nursing research findings. Registration available at <http://congress.nursingsociety.org/index.html>
- ◆ Join Sigma Theta Tau International in Las Vegas, Nevada, for the **43rd Biennial Convention**, November 7-11, 2015. Registration is available at: <http://convention.nursingsociety.org/>







## RHO CHAPTER STUDENT SCHOLARSHIP FUND

The School of Nursing solicited donations to support a new academic building that will house state of the art lecture halls and research labs. Rho Chapter heard the call. Rho

Chapter's donation to the building fund will partially be used to establish the Rho Chapter Scholarship fund which will provide one scholarship each year to a graduate student and a senior student who demonstrate the ideals of Sigma Theta Tau. The School of Nursing will also acknowledge our gift by naming a proctoring room to honor Sigma Theta Tau International Rho Chapter. Rho Chapter leaders are very excited about this opportunity to support nursing students and to increase visibility in the School of Nursing.

## THANK YOU TO OUR DONORS



Rho Chapter gratefully acknowledges members who generously gave donations this year. This year's donor group was our largest ever! Your contributions make possible all of the programs, grants, and activities in our chapter. Thank you!

### Donors to Rho Chapter:

Sarah Beaulieu	Elizabeth Brough
Jane Coon	Laura Craig
Brenda Crosswell	Elaine Fellows
Margaret Gainer	Nancy George
Judy Judd	Ann Kruszewski
Carol Loveland-Cherry	Gretel Quitmeyer
Amanda Schuh	Lillian Simms
Heron Warren	

Rho Chapter is also most grateful to donors to the STTI Foundation for Nursing. The Foundation supports nursing scholarship through research grants, helps students and members with financial hardships through dues support, and enables leaders to participate in STTI events through its leadership fund.

### Thank you to the following members:

Kathleen DeGrazia	M. Susan Delonis
Elaine Fellows	Ada Sue Hinshaw
Judy Judd	Carol Loveland-Cherry
Sylvia Price	Sharon Smith

You can support Rho Chapter and STTI with a contribution at the time you renew your membership. Small or large, every donation helps to support nursing leadership and scholarship--thank you for your support!

## RESEARCH AND SPECIAL PROJECTS GRANTS:

Grants up to \$2500 are available to Rho members. Total grant funds awarded by Rho Chapter are limited to \$5000 annually, so apply early!

### Application deadline is September 30, 2015.

Visit our website at [www.nursing.umich.edu/rho-chapter](http://www.nursing.umich.edu/rho-chapter). Click on "Research and Special Projects" for more information and the application form.

## RESEARCH SUMMARY: DR. JESSIE CASIDA

Dr. Jessie Casida, Assistant Professor and Rho Chapter Faculty Counselor has two papers slated for publication in "Progress in Transplantation" journal in June 2015. His work was partially supported by a Rho Chapter Research and Special Projects Grant. Abstracts of his work are summarized here:

Dr. Jessie Casida



*The Development and Initial Evaluation of the Psychometric Properties of Self-Efficacy and Adherence Scales for Patients with Left-Ventricular Assist Devices (LVAD)*

**Context:** There is no existing measures of the patient's self-efficacy for and adherence to the complex LVAD home-care regimen. **Objective:** To develop and evaluate the psychometric properties of the newly developed instruments titled: LVAD Patient Self-Efficacy Scale (LPSES) and LVAD Patient Home Management Adherence Scale (LPHMAS). **Methods:** This multistage instrumentation study recruited a total of 102 patients. Study

participants completed the following instruments: LPSES, LPHMAS, General Self-Efficacy Scale (GSES), Medical Outcomes Study General Adherence (MOSGA), and Self-Care Heart Failure Index (SCHFI) confidence and maintenance subscales. Item analyses, and psychometric properties including factorial and convergent validities, and internal consistency reliability were tested. **Results:** Factor analyses showed that the variances accounted for the 20-item LPSES and 9-item LPHMAS were 60.2% and 53.6%, respectively. Convergent validity of the newly developed instruments were supported by the following correlations: LPSES and GSES ( $r=0.34$ ); LPSES and SCHFI-confidence ( $r=0.60$ ); LPHMAS and MOSGA ( $r=0.33$ ); LPHMAS and SCHFI-maintenance ( $r=0.40$ ). Internal consistency reliability coefficients were 0.94 (LPSES) and 0.84 (LPHMAS). Based on these data, the LPSES and LPHMAS are valid and reliable measures of self-efficacy and adherence specific for LVAD patients. Confirmatory testing is needed to further support the validity of these instruments suited for use in research and clinical practice.

*Evaluation of the Psychometric Properties of Self-Efficacy and Adherence Scales for Caregivers of Patients with a Left-Ventricular Assist Device (LVAD)*

**Context:** There is no published instrument designed to measure the caregiver's self-efficacy for and adherence to the complex LVAD patient home-care regimen. **Objective:** To evaluate the psychometric properties of the newly developed instruments titled, LVAD Caregiver Self-Efficacy Scale (LCSS) and LVAD Caregiver Home Management Adherence Scale (LCAS). **Methods:** A multistage design was employed for this instrumentation study. Out of the 125 LVAD caregivers recruited from on-line support groups, 98 (78.4%) provided a completed data. Participants were predominantly female (80%), aged 18 to 79 years, from 4 regions of the U.S. They completed the following instruments: LCSS, LCAS, General Self-Efficacy Scale (GSE), and Caregiver Contribution to Self-Care of Heart Failure Index (CC-SCHFI) – confidence and maintenance subscales. Item analyses, factorial construct validity, convergent validity, and internal consistency reliability of the scales were evaluated. **Results:** The analysis of the LCSS (21 items) revealed a two-factor solution, which consisted of a 17-item *routine* factor and a 4-item *anticipatory* factor. Convergent validity of the LCSS was supported by moderate correlations among LCSS, GSE, and CC-SCHFI-confidence. The analysis of LCAS (17 items) revealed a one-factor solution. Its convergent validity was supported by moderate correlation between LCAS and CC-SCHFI-maintenance. Internal consistency reliability coefficients of the LCSS and LCAS were  $\alpha=0.93$  and  $\alpha=0.96$ , respectively. These data suggest that the two instruments are adequately valid and reliable measures of self-efficacy and adherence in the context of LVAD patient care managed by home-caregivers. Further research is needed to support the applicability of these instruments in other research and practice settings.

## DON'T MISS IMPORTANT CHAPTER NEWS--UPDATE YOUR EMAIL ADDRESS WITH STTI:

Rho Chapter compiles email addresses from the STTI database. We use the STTI database for sending the Chapter newsletter, information about upcoming events, and photos from recent events. Be sure that your email address is up to date in your STTI member profile. Contact Membership Services to update your information: 888-634-7575 (toll free).

### Publication information:

Rho Newsletter, supported by member dues, is published twice per year: Fall and Spring. We welcome your comments and news about STT Rho members' activities. Send your contributions via email by the **15th of April and November, to:**

Ann Kruszewski, PhD, RN  
Newsletter Editor, Rho Chapter, STTI  
University of Michigan School of Nursing  
400 N. Ingalls, Ann Arbor, MI 48109-0482,  
or via email to [annkrusz@umich.edu](mailto:annkrusz@umich.edu).  
Thanks!



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**NOMINATE A COLLEAGUE FOR COMMUNITY LEADER MEMBERSHIP**  
**Rho Chapter, Sigma Theta Tau International**

Do you know a RN leader who deserves membership in Sigma Theta Tau? The Community Leader membership category is for RNs with at least a Bachelors degree who have demonstrated leadership, creative work, support for professional standards and commitment to scholarly nursing. See the Rho Chapter web site for more information: <http://nursing.umich.edu/info/current-students/clubs-organizations/sigma-theta-tau/membership> and click on the "Community Leader" link. Prospective members will be contacted by the Faculty Counselor to submit an application and a CV.

**NOMINEE:**

Name: \_\_\_\_\_  
Address (C/S/Z): \_\_\_\_\_  
Email Address: \_\_\_\_\_  
Work Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

**NOMINATED BY:**

Rho Chapter Member Name: \_\_\_\_\_  
Address (C/S/Z): \_\_\_\_\_  
Email Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Please return completed form **by September 15** to Rho Chapter Faculty Counselor: Dr. Libby Brough

**By Mail:**

Dr. Libby Brough  
University of Michigan School of Nursing  
400 North Ingalls  
Ann Arbor, MI 48109-5482

**By FAX:** (734) 936-5525 (Attention: Dr. Brough)

**By Email:** ebrough@umich.edu