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EDUCATION

University of Michigan, Ann Arbor, MI	1985	PhD (Preliminary Examination Honors)
The Ohio State University, Columbus, OH	1968	MSN
The Ohio State University, Columbus, OH	1965	BSN (Cum Laude)

PROFESSIONAL EXPERIENCE: TEACHING

1969-1972	Instructor/Assistant Professor of Nursing, University of Illinois College of Nursing, Chicago, IL
1978-1981	Assistant Professor of Nursing, University of Tennessee, Knoxville College of Nursing, Knoxville, TN
1985-1992	Assistant Professor of Nursing, University of Michigan School of Nursing, Ann Arbor, MI
1992-1998	Associate Professor of Nursing, University of Michigan School of Nursing, Ann Arbor, MI
1995-1999	Associate Professor of Women's Studies, University of Michigan College of Literature Science and the Arts, Ann Arbor, MI
1997-2000	Associate Professor of Obstetrics/Gynecology, University of Michigan Medical School, Ann Arbor, MI
1998-Present	Professor of Nursing, University of Michigan School of Nursing, Ann Arbor, MI
1999-Present	Professor of Women's Studies, University of Michigan, College of Literature Science & the Arts, Ann Arbor, MI
2000-Present	Professor of Obstetrics and Gynecology, University of Michigan Medical School, Ann Arbor, MI

PROFESSIONAL EXPERIENCE: ADMINISTRATION

- 2000-2002 Director Division of Health Promotion and Risk Reduction Programs, University of Michigan School of Nursing, Ann Arbor, MI
- 2002-2007 Director, Women's Health Disparities Training Program, NIH/NINR T32 NR007965
- 2002-2008 Associate Dean for Research, University of Michigan School of Nursing, Ann Arbor, MI
- 2005-2010 Director, Michigan Center for Health Intervention, NIH/NINR P30NR009000

PROFESSIONAL EXPERIENCE: RESEARCH

- 2005-2010 Director, Michigan Center for Health Intervention, NIH/NINR P30 NR009000
- 2007-2012 Director, Community Engagement Program of the Michigan Institute for Clinical and Health Research, NIH/CTSA, UL1RR024986, PI K. Pienta

PROFESSIONAL EXPERIENCE: CLINICAL NURSING

- 1965-1969 Staff Nurse/Instructor/Coordinator, Grant Hospital and School of Nursing, Columbus, OH
- 1969-1971 Staff Nurse, West Side Veteran's Administration Hospital, Chicago, IL (Summer Employment)
- 1993-1996 Nurse Practitioner to Breast and Cervical Cancer Control Program, Detroit Department of Health, Detroit, MI

RESEARCH PROJECTS/GRANTS

Previous

- 1982-85 Factors Influencing Sexual and Marital Satisfaction of Primiparous Couples. Funded by PHS Division of Nursing, National Research Service Award NU-05594-03, \$24,000.
- 1987 Measurement of Pelvic Floor Muscle Strength in Childbearing Women, **C. Sampelle**, PI. Funded by the University of Michigan Biomedical Research Support Grant, \$2,750.
- 1989-90 Development of an Instrument for the Study of Urinary Incontinence, **C. Sampelle**, PI. Protocol approved by University of Michigan Clinical Research Center. Funded by the University of Michigan Office of the Vice President for Research, and the University of Michigan Clinical Research Center (Protocol #855), \$6,870.
- 1990 Development of a Synthesis Conference on Violence Against Women, **C. Sampelle**, PI. Funded by the Midwest Nursing Research Society, \$2,000.
- 1990-95 Nursing Intervention: Pelvic Floor Exercise in Pregnancy, **C. Sampelle**, PI. Funded by the National Institutes of Health, National Center for Nursing Research, 1 R29 NR01950-01 (FIRST Award), and the University of Michigan Clinical Research Center (Protocol #1005), \$350,000.

- 1991-92 Standardization of a Protocol to Teach Muscle Exercise, **C. Sampsel**, PI. Funded by the University of Michigan Office of the Vice President for Research, \$5,000.
- 1994-95 Michigan Initiative for Women's Health, Voluntary precontraction to reduce incontinence, James Ashton-Miller, PhD, PI; J. DeLancey, **C. Sampsel**, Co-Investigators, \$4,000.
- 1994-95 A Pilot: Birthing Influences on Urinary Continence Mechanisms, **C. Sampsel**, PI. Funded by the University of Michigan Biomedical Research Support Grant, \$5,000.
- 1995-99 Urinary Incontinence Prevention: Reducing Birthing Risk, **C. Sampsel**, PhD, RNC, PI; J. Ashton-Miller, PhD, J. DeLancey, MD & T. Murtland, CNM, Co-Investigators. Funded by the National Institutes of Health, NIH-National Center for Nursing Research, RO1 NRO4007, \$1,095,276.
- 1996-97 Women's Voices: The Birth Experience, **C. Sampsel**, PI; Lisa Kane Low, MS, CNM, Co-PI. University of Michigan Institute for Research on Women and Gender and Office of Vice President for Research Supplement, \$10,000.
- 1996-00 Continence for Women Research Utilization Project, **C. Sampsel**, PI. Funded by the Association of Women's Health, Obstetric and Neonatal Nursing
- 1997-98 Community Service Learning Component at WS 400: Women's Reproductive Health, T. Johnson, **C. Sampsel**, and V. Press. University of Michigan Center for Learning through Community Service, \$1,000.
- 1997-2001 What Damage Does Vaginal Birth Cause That Results in SUI? J. DeLancey, MD, PI; **C. Sampsel**, PhD, RNC, Co-Investigator. NIH R01-DK51405, \$1,026,440.
- 1996-2001 Behavioral Modification to Prevent Urinary Incontinence in Older Women, A. Diokno, MD, PI; R. Herzog, PhD, **C. Sampsel**, PhD, RNC, Co-Principal Investigators. NIH-National Institute of Aging, #4R37-AG08511, \$1,482,583.
- 1999-2003 Perimenopause, Bone and Arthritis in African Americans (Michigan site for Study of Women's Health Across the Nation [SWAN]); based in School of Public Health, MaryFran Sowers, PhD, PI; **C. Sampsel**, PhD, RNC, Co-Investigator. NIH #U01 NR04061-06, \$1,372,134.
- 2001-2002 Promoting Self-Care to Prevent UI: A Four Year Follow-up. (Administrative Supplement). **C. Sampsel**, PhD, RNC, PI; A. Diokno, MD, R. Herzog Co-Investigators. NIH-National Center for Nursing Research, 3 RO1 NR07618-0151, \$156,727.
- 2000-2004 Urinary Incontinence Prevention: Reducing Birthing Risk, **C. Sampsel**, PhD, RNC, PI; J. Ashton-Miller, PhD, J. DeLancey, MD & T. Murtland, CNM, Co-Investigators. Funded by the National Institutes of Health, NIH-National Center for Nursing Research, RO1 NRO4007, \$2,282,341.

- 2000-2005 Promoting Self-Care to Prevent UI: A Four Year Follow-up. **C. Sampsel**, PhD, RNC, PI; A. Diokno, MD, R. Herzog Co-Investigators. NIH-National Center for Nursing Research, RO1 NR0718-01, \$2,048,109.
- 2004-2006 Urinary Incontinence Prevention: Reducing Birthing Risk (no cost extension).
- 2002-2007 MESA Center for Health Disparities. A. Villarruel, PhD, MSN, BSN, PI, **C. Sampsel**, PhD, RNC, Co-Investigator. NIH/NINR, P20 NR08367, \$148,466.
- 2002-2007 Sex and Gender Factors Affecting Women's Health (SCOR). J DeLancey, MD, PI; **C. Sampsel**, PhD, RNC, Co-Investigator. NIH/NIAMS, P50 HD444406, \$762,192.
- 2005-2006 Promoting Self-Care to Prevent UI: A Four Year Follow-up (no cost extension).
- 2006-2007 Health Care Policy and Practice: Promoting Environments for Quality Care. **C. Sampsel**, PhD, RNC, PI. Agency for Healthcare Research and Quality, 1 R13 HSO16436-01, \$39,980.
- 2007-2008 Healthcare Policy and Practice: Promoting Environments for Quality Care (no cost extension)

Present

- 2005-2010 The Michigan Center for Health Intervention (MICHIN) Core Resource Center. **C. Sampsel**, PhD, RNC, PI, A. Villarruel, Co-Investigator. NIH/NINR, P30 NR009000, \$1,500,000.
- 2007-2012 Self-Care to Prevent Birth Related UI in Diverse Women, **C. Sampsel**, PhD, RNC, PI; A. Diokno, D. Ronis, A. Villarruel, Co-Investigators. NIH/NINR, 2RO1 NR0076 18-06A1 \$1,912,390.
- 2007-2012 Clinical and Translational Science Award, Michigan Institute for Health Intervention, K. Pienta, PI, **C. Sampsel**, Director Community Engagement Program, UL1RR024986.
- 2007-2008 Development of a Culturally Appropriate Computerized Bladder Health Class. **C. Sampsel**, PI, Michigan Institute for Clinical and Health Research (CTSA) Pilot Program, \$25,000.

Under Review

- June 2009 Translating Unique Learning for Incontinence Prevention, the TULIP Project, R01. **C. Sampsel**, PI. Priority score: 31 Percentile: 14th

- Dec 2010 Enhancing Community/Academic Clinical Research Collaboration, R01. **C.Sampselle**, PI.
Priority score: 20
- January 2010 Group and Individualized Training for Incontinence Prevention (GRAIT). A.Diokno, PI,
C.Sampselle, PI Michigan site. Priority score: 39 Percentile: 32. Revising for
resubmission June 2010.

Sponsorship

- 1993-94 Janis Miller; Doctoral Candidate
Comparative Analysis of Pelvic Floor Muscle Function. Funded by the American Nurses'
Foundation, Inc.; **Carolyn Sampselle**, Sponsor, \$2,700.
- 1997 Lisa Kane Low; Doctoral Student
American College of Nurse Midwives/Ortho Dissertation Award; **Carolyn Sampselle**,
Sponsor.
- 1998-99 Julia Seng, Doctoral Student
Childbearing Experiences of Women Abused in Childhood. Predoctoral Fellowship,
National Institute of Nursing Research, F31; Deborah Oakley, and **Carolyn Sampselle**,
Co-Sponsors.
- 1999 Kerri Schuiling, Doctoral Student
American College of Nurse Midwives/Ortho Dissertation Award; **Carolyn Sampselle**,
Sponsor. Awarded a Blue Cross Blue Shield dissertation grant in June 2001.
- 2000 Coralease Ruff, Postdoctoral Fellow; Howard University, Washington, D.C.
National Institute of Nursing Research Career Development Award; Behavioral Therapy
for UI in African-American Women; **Carolyn Sampselle** and S. England, Co-Sponsors.
- 2001 Lisa Kane-Low, Postdoctoral Fellow in BIRCWH (Building Interdisciplinary Careers in
Women's Health) program at the University of Michigan, **Carolyn Sampselle**, Mentor.
- 2001 Elise Erickson, Undergraduate Research Opportunity Program Biomedical Summer
Fellowship, **Carolyn Sampselle**, Mentor.
- 2002 Elise Erickson, University of Michigan School of Nursing, Center for Health Promotion
Scholar, **Carolyn Sampselle**, Sponsor.
- 2003 Nancy Fultz, Postdoctoral Fellow in BIRCWH (Building Interdisciplinary Careers in
Women's Health) program at the University of Michigan School of Nursing, **Carolyn
Sampselle**, Mentor.
- 2008 Elisa Torres; Doctoral Student, Physical Activity in relation to Depressive Symptoms in
Black U.S. Adults. NRSA/NINR F31NR010669, **C. Sampselle**, Sponsor, \$134,497.

Pending

July 2009 Maria Mendoza; Doctoral Student, (Minority Supplement to current R01 Self-Care to Prevent Birth Related UI in Diverse Women, (2RO1 NR0076 18-06A1)
Ms. Mendoza will focus on the dynamics of self-efficacy in prevention care adoption in an underserved population at risk for health disparities. **C. Sampelle**, Sponsor, \$153,857.
Not funded.

TRAINING GRANTS (FUNDED)

2002-2007 Women's Health Disparities: Interdisciplinary Training. **C. Sampelle**, PhD, RNC, Director; B. Guthrie, Co-Director. National Institutes of Health National Institute of Nursing Research. T32 NR007965, Total direct costs \$1,235,835.

2008-2013 Health Promotion in Vulnerable Populations. C. Loveland Cherry, PhD, RN, Director, **C. Sampelle**, PhD, RNC, and A. Villarruel, PhD, RN, Co-Directors. National Institutes of Health National Institute of Nursing Research. Total direct costs, T32 NR007073-16, Total direct costs \$2,419,883.

GRANT REVIEWS

The Association for Women's Health, Obstetric, and Neonatal Nurses (AWHONN), Committee on Research, Proposals submitted for small project funding (Up to \$6000).

Collateral reviewer, American Nurses Foundation Grants, (1993, 1996).

Ad hoc reviewer to the National Institute of Nursing Research, Faculty Development and Individual NRSA, 1998 and 2000.

Nursing Research Developmental Center Grants (P20), 2004/01 ZNR1 REV-A (60) (R) (11/5-6/2003)

National Institute of Nursing Research Initial Review Group 2006/05 Council NRRC 35 1 (Permanent Member 2006-2010).

National Institute of Health T90 Special Emphasis Panel Training for a New Interdisciplinary Workforce. (NIH-RFA-RM06-006 (July 17, 2006)

Special Emphasis Panel for Interventions in Chronic Illness, Review RFA NR-08-001, March 4-6, 2008.

Challenge Grants Distinguished Editorial Panel 3, Health Care Delivery and Methodology, ZRG1 HDM-G (58), July 20-21, 2009.

Chair Special Emphasis Panel, ZNR1 REV-W 06, Predoctoral Individual National Research Service Award.

MANUSCRIPT REVIEWS

Nursing Scan: Women's Health, (1987, 1988, 1989, 1990). New York: J.B. Lippincott.

Ad hoc reviewer, The Journal of Women's Health and Gender-Based Medicine (1992/2005). Chicago, IL: Mary Ann Liebert, Inc.

Reviewer, Special supplement Journal of Urologic Nursing (1994). Highlights of the Second National Multi-Specialty Nursing Conference on Urinary Incontinence.

Reviewer, American Academy of Nursing Monograph on Violence, (1995).

Reviewer, Journal of Advanced Nursing, (1995-1999).

Reviewer, Nursing Outlook (1995-Present).

Reviewer, Research in Nursing and Health (1996-Present)

Reviewer, Neurourology and Urodynamics, Journal of the International Continence Society (1996-Present).

Reviewer, Obstetrics and Gynecology (2000-Present).

Reviewer, Women and Health (2001-Present).

Reviewer, Women's Health Issues (2003-Present)

Reviewer, American Journal of Obstetrics and Gynecology (2006, 2007, 2009).

Reviewer, International Journal of Obstetrics and Gynecology (2008,2009).

Reviewer, International Journal of Urogynecology (2006, 2007, 2008, 2009, 2010).

Reviewer, International Journal of Clinical Practice (2009).

Reviewer, British Journal of Health Psychology (2010).

CONSULTATION AND EXPERT TESTIMONY

- Perinatal factors influencing breast feeding. (PI: L. Cronenwett, R01-NU-01457) University of Michigan, Ann Arbor, MI and Dartmouth Medical Center, Hanover, NH. 1985-86.
- Nursing investigation: Urine control in older women. (PI: T. Wells, R01-AG-03542) University of Michigan, Ann Arbor, MI. 1986-87.
- Nursing intervention: Exercise for stress incontinence. (PI: T. Wells, NRO 1917) University of Rochester, Rochester, NY. 1987-present.
- Nurse-midwives & physicians: A study of comparisons. (PI: D. Oakley, 1-RO1-NR01887) University of Michigan, Ann Arbor, MI. 1988-1992.
- Geriatric urinary incontinence: Long-term follow-up. (PI: A. Diokno, 5-R37-AG08511) University of Michigan, Ann Arbor, MI. 1989-1995.
- Represented NAACOG, (now AWHONN, Association for Women's Health, Obstetric, and Neonatal Nurses) on the panel constituted by the American College of Obstetricians and Gynecologists to review the Agency for Health Care Policy and Research Guidelines for the management of urinary incontinence. Washington, DC. February 27, 1991.
- Testimony presented at the Society for the Advancement of Women's Health Research, representing NAACOG, (now AWHONN, Association for Women's Health, Obstetric, and Neonatal Nurses) the Organization for Obstetric, Gynecologic, and Neonatal Nurses. Washington, DC. April 23, 1991.
- Testimony presented at the National Institutes of Health Task Force on Opportunities for Women's Health Research, representing NAACOG, (now AWHONN the Association for Women's Health, Obstetric, and Neonatal Nurses). Washington, DC. June 12, 1991.
- Technical specialist to Urinary Incontinence Update Panel, U.S. Department of Health and Human Services, Public Health Service, Agency for Health Care Policy & Research. February, 1994.
- American Nurses' Association Representative on the Medical Health Advisory Board of the Society for the Advancement of Women's Health Research. 1994-1996.
- Association for Women's Health, Obstetric, and Neonatal Nurses Task Force to review Women's Health Nurse Practitioner Standards of Practice, appointed, June, 1995.
- Scientist-Media Roundtable, Research America. Grand Rapids, MI. July, 1999.
- World Health Organization ICI 2004 Committee 22—Education and Continence Promotion, appointed, April 2003.
- Maternal Birth-Related Neuromuscular Injury and Recovery (PI: Janis Miller, 1-R21HD49818-01) University of Michigan, Ann Arbor, MI. 2005-2007.
- A Multiethnic Internet Study on Menopausal Symptoms (PI: Eun-ok Im, 1R01NR008926-01A1) University of Texas Austin, Austin, TX. 2005-2009.
- Prevention of Urinary and Fecal Incontinence in Adults: Prepared for NIH/OMAR State of the Science Conference, December 10, 2007 (PI: RL Kane, AHRQ, 290-02-0009), Minnesota Evidence-based Practice Center, Minneapolis, Minnesota, 2007.

External Reviewer, Heartland Institute for Clinical and Translational Research (HICTR) University of Kansas CTSA Application, March, 2009 and August, 2009.

Community Health Engagement Program External Advisory Board, Administrative Community Engagement Supplement, CTSA, University of Indiana, R. Ackerman, PI, 2009-2012.

Pfizer Advisory Board, YourWay/OAB Behavioral Intervention: Where do we go from here?, January 14-16, 2010.

A Multiethnic Internet Study on Menopausal Symptoms (PI: Eun-ok Im, 1R01NR008926-01A1) University of Texas Austin, Austin, TX. March 10, 2010.

Community Health Engagement Program, CTSA, University of Indiana, R. Ackerman, PI presentation for Community Engagement Workshop; co-presented with Community Research Associate, Karen Calhoun, April 19, 2010.

Papers in

PUBLICATIONS

Refereed Journals (*Denotes data based paper)

1. *Torres, ER, **Sampselle, CM**, Gretebeck, KA, Ronis, DL, & Neighbors, HW. (In Press). Physical activity effects on depressive symptoms in Black adults. Ethnicity.
2. ***Sampselle, CM**, Pienta, K, Markel, D. (2010). The CTSA Mandate: Are we there yet? Research for Theory and Nursing Practice, Volume 24, Number 1: 64-73.
3. *Waetjen LE, Ye, J, Feng, WY, Johnson WO, Greendale GA, **Sampselle CM**, Sternfield B, Harlow SD, Gold EB. (2009). Association Between Menopausal Transition Stages and Developing Urinary Incontinence. Obstetrics and Gynecology, Volume 114, Issue 5: 989-998.
4. *Miller J, **Sampselle CM**, Ashton-Miller J., Hong GR, DeLancey J. (2008). Clarification and confirmation of the knack maneuver: The effect of volitional pelvic floor muscle contraction to preempt expected stress incontinence. The International Journal of Urogynecology, 19(6):773-82.
5. *Waetjen LE, Feng, WY, Ye J, Johnson WO, Greendale GA, **Sampselle CM**, Sternfield B, Harlow SD, Gold EB. (2008). Factors associated with worsening and improving urinary incontinence across the menopausal transition. Obstetrics and Gynecology, 111(3), 667-677.
6. *Messer KL, Hines SH, Raghunathan TE, Seng JS, Diokno AC, & **Sampselle CM**. (2007). Self-efficacy as a predictor to PFMT adherence in a prevention of urinary incontinence clinical trial. Health Education & Behavior, 34(6), 942-952.
7. *Hines SH, **Sampselle CM**, Ronis DL, Yeo SA, Frederickson BL, Boyd CJ. (2007). Women's self-care agency and body experience to manage urinary incontinence: The impact of nursing agency and body experience. Advances in Nursing Science, Women and Aging, 30(2), 175-188.
8. *Roberts JM, Gonzalez CB, **Sampselle CM**. (2007). Why do supportive birth attendants become directive of maternal bearing down efforts in second stage labor? Journal of Midwifery and Women's Health, 52, 134-141.

9. *Hines SH, Seng JS, Messer KL, Raghunathan TE, Diokno AC, & **Sampselle CM**. (2007). Adherence to a behavioral program to prevent incontinence. Western Journal of Nursing Research 29(1), 36-56 (commentary and author response 57-64).
10. **Sampselle, CM** (2007). Nickle & Dimed in America: Underserved, understudied, and underestimated. Family and Community Health, 2007, 30(1S), S4-14.
11. *Waetjen, LE, Liao, S, Johnson, WO, **Sampselle CM**, Sternfield, B, Harlow, S., & Gold, EB. (2006). Factors associated with prevalent and incident urinary incontinence in a cohort of mid-life women: A longitudinal analysis of data from the study of women's health across the nation (SWAN). American Journal of Epidemiology, (2007) 165(3):309-18.
12. *Armstrong, SM, Miller JM, Benson K, Jain S, Panagopoulos K, Delancey JOL, **Sampselle CM**. (2006). Revisiting reliability of quantified perineal ultrasound: Bland & Altman analysis of a new protocol for the rectangular coordinate method. Neurourology and Urodynamics 25(7), 731-738.
13. *Messer KL, Herzog AR, Seng JS, **Sampselle CM**, Diokno AC, Raghunathan TE, & Hines SH. (2006). Evaluation of a mass mailing recruitment strategy to obtain a community sample of women for a clinical trial of a prevention intervention. International Urology and Nephrology 38, 255-261.
14. ***Sampselle CM**, Messer, KL, Seng, JS, Raghunathan, TE, Hines, SH, & Diokno, AC. (2005). Learning outcomes of a group behavioral modification program to prevent urinary incontinence. International Urogynecology Journal, 16, 441-446. *Selected for review in Evidence-based Obstetrics and Gynecology, **Sampselle, CM** (2006). *Group behaviour modification program increased knowledge and practice of pelvic floor muscle training*. 8, 112-113.*
15. ***Sampselle, CM**, Miller, JM, Luecha, Y, Fischer, K, & Rosten, L. (2005). Provider support of spontaneous pushing during second stage of labor. JOGNN, 34(6), 695-702.
16. ***Sampselle, CM**, Palmer, MH, Boyington, AR, O'Dell, KK, & Wooldridge L. (2004). Prevention of urinary incontinence in adults: Population-based strategies. Nursing Research, 53(6S), S61-S67.
17. *Diokno, AC, **Sampselle, CM**, Herzog, AG, Raghunathan, TE, Hines, S, Messer, KL, Karl, C, Leite, MCA. (2004). Prevention of urinary incontinence by behavioral modification program: A randomized controlled trial among older women in the community. The Journal of Urology, 171, 1165-1171.
18. **Sampselle, CM**. (2003). Teaching women to use a voiding diary. American Journal of Nursing, 103(11), 62-64.
19. **Sampselle, CM**. (2003). Behavioral intervention: The first-line treatment for women with urinary incontinence. Current Urology Reports, 4(5), 356-361.
20. **Sampselle, CM** (2003). Review of a physiotherapist-led programme of postpartum pelvic floor exercises reduced urinary incontinence at 3 months. Chiarelli, P, Cockburn, J. Evidence-based Obstetrics and Gynecology, 2003, 5, 38-39.
21. *Antonakos, CL, Miller, JM, & **Sampselle, CM**. (2003). Indices for studying urinary incontinence and levator ani function in primiparous women. Journal of Clinical Nursing, 12, 554-561.
22. *Longworth, J, Davila, Y, & **Sampselle, CM**. (2003). La perdida de orina: Hispanic women's experience of urinary incontinence. Hispanic Health Care International. The Official Journal of the National Association of Hispanic Nurses, 2(1), 13-21.

23. * Low, L, Martin, L, **Sampselle, C**, Guthrie, B, & Oakley, D. (2003). Adolescents' experiences of childbirth: Contrasts with adults. Journal of Midwifery and Women's Health, 48(3), 192-198.
24. **Sampselle, CM**. (2003). Behavioral interventions in young and middle-age women. Simple interventions to combat a complex problem. American Journal of Nursing (AJN). Supplement, State of the Science on Urinary Incontinence, 3(Suppl), 9-19.
25. ***Sampselle, CM**, Harlow, SD, Skurnick, J, Brubaker, L, & Bondarenko, I (2002). Urinary incontinence predictors and life impact in ethnically diverse perimenopausal women. Obstetrics and Gynecology, 100(6), 1230-1238.
26. ***Sampselle, CM**, , Harris, V, Harlow, SD, & Sowers, MF (2002). Midlife development and menopause in African-American and Caucasian women. Health Care for Women International, 23, 351-363.
27. *Seng, JS, Oakley, DJ, **Sampselle, CM**, Killion, C, Graham-Bermann, S, & Liberzon, I (2001). Posttraumatic stress disorder and pregnancy complications. Obstetrics and Gynecology, 97, 17-22.
28. **Sampselle, CM** (2000). Behavioral intervention for urinary incontinence in women: Evidence base for practice. Journal of Nurse-Midwifery. 45(2), 94-103.
29. ***Sampselle, CM** (2000). Effect of pelvic muscle exercise on transient incontinence during pregnancy and after birth: An update. Journal Salud (I) Ciencia – Voice of Sociedad Iberoamericana de Informacion Cientifica (SIIC), 9(3), 5-6.
30. ***Sampselle, CM**, Wyman, JF, Thomas, KK, Newman, DK, Gray, M, Dougherty, M & Burns, PA (2000). Continence for women: Evaluation of AWHONN's third research utilization project. Journal of Obstetric, Gynecologic and Neonatal Nursing, 29(1), 9-17.
31. ***Sampselle, CM**, Wyman, JF, Thomas, KK, Newman, DK, Gray, M, Dougherty, M & Burns, PA (2000). Continence for women: A test of AWHONN's evidence-based protocol in clinical practice. Journal of Obstetric, Gynecologic and Neonatal Nursing, 29(1), 18-26
32. **Sampselle, CM** (1999). Pelvic floor muscle training was the most effective conservative treatment for genuine stress urinary incontinence. (Commentary for article Single blind, randomized controlled trial of pelvic floor exercises, electrical stimulation, vaginal cones, and no treatment in management of genuine stress continence, Bo, K et al.). Evidence-based Obstetrics and Gynecology 318, 487-493.
33. Schuiling, K, & **Sampselle, CM** (1999). Comfort in labor and midwifery art. Image: The Journal of Nursing Scholarship, 31(1), 77-81.
34. **Sampselle, CM**, & Hines, S (1999). Spontaneous pushing during birth: Relationship to perineal outcomes. Journal of Nurse Midwifery, 44(1), 36-39.
35. ***Sampselle, CM**, Seng, J, Yeo, SA, Killion, C, & Oakley, D (1999). Physical activity and postpartum well-being. Journal of Obstetric, Gynecologic and Neonatal Nursing, 28(1), 41-49. *Reprinted in Peteva, R.J. (2003). A cross section of nursing research, 2nd edition. Los Angeles: Pyczak Publishing.*
36. Sampselle, **CM**, & DeLancey, JOL (1998). Anatomy of female continence. Journal of Wound, Ostomy, and Continence Nursing, 25, 63-74.
Selected to receive the best of published manuscripts award in Journal of Wound, Ostomy, and Continence Nursing for 1998.

37. ***Sampselle, CM**, Miller, J M, Mims, B M, DeLancey, JOL, Ashton-Miller, JA, & Antonakos, CL (1998). Effect of pelvic muscle exercise on transient incontinence during pregnancy and after birth. Obstetrics and Gynecology, 91, 406-412.
38. **Sampselle, CM**, Burns, P, Dougherty, M, Kelly-Thomas, K, Newman, DK, & Wyman, J (1997). Continence for women: Evidence-based practice. Journal of Obstetric, Gynecologic, and Neonatal Nursing, 26(4), 375-385.
39. ***Sampselle, CM**, Miller, CR, & Rossie, D (1997). Perineal massage: Further support of a protective perineal effect. The Journal of Perinatal Education, 6(2), 1-5.
40. **Sampselle, CM** (1997). Urinary Incontinence: Self-care for midlife women. The Japanese Journal of Nursing Education and Research, 3(5), 114-119.
41. Yeo, SA, & **Sampselle, CM** (1996). Fiscally responsible research equipment purchases: A cost-containment approach. Nursing Research, 45(6), 377-378.
42. ***Sampselle, CM**, Miller, JM, Herzog, AR, & Diokno, AC (1996). Behavioral modification: Group teaching outcomes. Urologic Nursing, 16(2), 59-63.
43. **Sampselle, CM**, & Miller, JM (1996). Pelvic muscle exercise: Effective patient teaching. The Female Patient (Ob/Gyn Edition), 21(5), 29-38.
44. **Sampselle, CM** (1996). The female patient guide: Pelvic muscle exercise to prevent or treat urinary incontinence. The Female Patient (Obstetric Care Edition), 21 (5), 99-100.
45. *Brink, CA, Wells, TJ, **Sampselle, CM**, Root Tallie, E, & Mayer, R (1994). A digital test for pelvic muscle strength in women with urinary incontinence. Nursing Research, 43(6), 352-356.
46. Miller, J, Kasper, C, & **Sampselle, CM** (1994). Review of muscle physiology with application to pelvic muscle exercise. Urologic Nursing, 14(3), 92-97.
47. *DeLancey, JOL, **Sampselle, CM**, & Punch, MR (1993). Kegel dyspareunia: Levator ani myalgia caused by overexertion. Obstetrics and Gynecology, 82(4), 658-659.
48. ***Sampselle, CM** (1993). The urine stream interruption test: Using a stopwatch to assess pelvic muscle strength. The Nurse Practitioner: American Journal of Primary Health Care, 18, 14-20.
49. *Henderson, D, **Sampselle, CM**, Mayes, F, & Oakley, D (1992). Toward culturally sensitive research in a multicultural society. Women's Health Care International, 13, 339-350.
50. ***Sampselle, CM**, & Reame, NE (1992). The clinical research center: Important resource for the nurse investigator. Nursing Research, 41(3), 184-185.
51. ***Sampselle, CM**, Petersen, B, Murtland, T, & Oakley, D (1992). Prevalence of abuse among pregnant women choosing certified nurse-midwife or physician providers. The Journal of Nurse-Midwifery, 37(4), 269-273.
52. ***Sampselle, CM**, & DeLancey, JOL (1992). The urine stream interruption test and pelvic muscle function. Nursing Research, 41(2), 73-77.
53. *Springer, N, Bischooping, K, **Sampselle, CM**, Mayes, F, & Petersen, B (1992). Using early weight gain and other nutrition-related risk factors to predict pregnancy outcomes. Journal of the American Dietetic Association, 92(2), 217-219.

54. **Sampselle, CM** (1991). The role of nursing in preventing violence against women. Journal of Obstetric Gynecologic & Neonatal Nursing, *20*(6), 481-487.
55. **Sampselle, CM** (1990). The influence of feminist philosophy on nursing practice. Image: The Journal of Nursing Scholarship, *22*(4), 243-247. *Selected to receive Sigma Theta Tau, Best of Journal of Nursing Scholarship Award, 1991. Reprinted from Journal of Nursing Scholarship, 1990: Sampselle, CM (1991). Influence of feminist philosophy on nursing practice. Revolution: The Journal of Nurse Empowerment, 1(1), 84-89, 117.*
56. ***Sampselle, CM** (1990). Changes in pelvic muscle strength and stress urinary incontinence associated with childbirth. Journal of Obstetric, Gynecologic, and Neonatal Nursing, *19*(5), 371-377.
57. **Sampselle, CM, & Brink, C** (1990). Pelvic muscle relaxation: Assessment and management. Journal of Nurse-Midwifery, *35*(3), 127-132.
58. ***Brink, C, Sampselle, CM, Wells, T, Diokno, A, & Gillis, G** (1989). A digital test for pelvic muscle strength in older women with urinary incontinence. Nursing Research, *38*(4), 196-199.
59. ***Sampselle, CM Brink, C, & Wells, T** (1989). Digital measurement of pelvic muscle strength in childbearing women. Nursing Research, *38*(3), 198-202.
60. ***Cronenwett, L, Sampselle, CM, & Wilson, W** (1988). Psychometric Evaluation of the Child Care Activities Scale and the Parental Role Preference Scale. Research in Nursing and Health, *11*, 301-308.

Invited Papers

1. **Sampselle, CM** (1992). Ask the experts: Pelvic muscle exercise: Treatment for urinary incontinence. Association for Women's Health, Obstetrics, and Neonatal Nurses Voice, *22* (3), 5-6.
2. **Sampselle, CM & Miller, JM** (1996). Pelvic muscle exercise: Effective patient teaching. The Female Patient (Primary Care Edition), *21* (5), 25-32.
3. **Sampselle, CM** (1996). The female patient guide: Pelvic muscle exercise to prevent or treat urinary incontinence. The Female Patient (Primary Care Edition), *21* (5), 99-100.
4. **Sampselle, CM** (2000). Staying Dry. In Every Woman: The Essential Guide for Healthy Living. Washington, D.C.: AWHONN, 240-247.
5. **Sampselle, CM** (2001). Bladder battles. In Every Woman: The Essential Guide for Healthy Living. Washington, D.C.: AWHONN, 155-165.
6. Hines, S & **Sampselle, CM** (2002). Bladder basics: Strategies for staying dry and leak-free. In Every Woman: The Essential Guide for Healthy Living. Washington, D.C.: AWHONN, 156-161.
7. Hines, S & **Sampselle, CM** (2003). That sudden urge: Bladder strategies for staying dry and leak-free. In Every Woman: The Essential Guide for Healthy Living. Washington, D.C.: AWHONN, 222-227.
8. Hines, S & **Sampselle, CM** (2005). Water pressure! Curbing the urge of an overactive bladder. In Every Woman: The Essential Guide for Healthy Living. Washington, D.C.: AWHONN, 117-120.
9. **Sampselle, CM & Wells T.J.** (2005). Introduction to strategies for prevention and management of stress urinary incontinence in childbearing and community-dwelling older women. Women's Health Care: A Practical Journal for Nurse Practitioners. Special Supplement (February), Cranbury, NJ: NP Communications, LLC.

10. **Sampselle, CM** (2010). The Michigan Center for Health Intervention (MICHIN): Facilitating Translational Science. Research for Theory and Nursing Practice, Volume 24, Number 1: 6-8.

Books, Chapters, and Editorials

1. **Sampselle, CM** (1981). Case study of pregnancy induced hypertension. M. Groer's Physiology and Pathophysiology of Fluid and Electrolytes, (pp. 242-246). Philadelphia: C.V. Mosby Company.
2. **Sampselle, CM** (1985). Factors influencing sexual and marital satisfaction of primiparous couples. (Doctoral dissertation, University of Michigan, 1985). Dissertation Abstracts International, 46, (2501 B), (University Microfilms Order No. AAD8520970).
3. **Sampselle, CM** (Ed.) (1992). Violence Against Women: Nursing Research, Education and Practice Issues. Washington, DC: Hemisphere Publishing Corporation.
Chapter 1: **Sampselle, CM**, Bernhard, L, Kerr, RB, Opie, N, Perley, MJ & Pitzer, M: "Violence against women: The scope and significance of the problem", (pp .1-35).
Chapter 17: **Sampselle, CM**: "Nursing action to prevent violence against women", (pp. 590-611).
4. Brink, CA, Wells, TJ, **Sampselle, CM**, Mayer, R, & Diokno, AC (1991). In S. Funk, E. Tornquist, M. Champagne, & R. Wiese (Eds.), Key aspects of elder care, (pp. 225-232). New York: Springer Publishing Co.
5. **Sampselle, CM**, & Hines, S (1999). Pelvic floor exercise. Invited chapter: McCloskey, J.C., & Bulechek, G.M. (Eds.). Nursing interventions: Essential nursing treatments, (3rd ed.). St. Louis: Mosby.
6. **Sampselle, CM** (2000). Behavioral intervention for incontinence in clinical practice. In T. Aso, Yanaihara, T., & Fugimoto, S. (Eds). The Menopause at the Millennium. Pearl River, NY: The Parthenon Publishing Group, 519-525.
7. Newman DK, Denis L, Gruenwald I, Ee CH, Millard R, Roberts R, **Sampselle C**, & Williams K. (2005). Continence promotion, prevention, education and organisation. In P Abrams, L Cardozo, S Khoury, & A Wein (Eds.), Incontinence, Volume I, Basics & Education (pp. 35-71). Paris, France: Health Publication Ltd.
8. Cooksey, SG, & **Sampselle CM** (2006). Uterine and Bladder Health. Invited chapter: Stephenson, H (Ed.). Our Bodies, Ourselves: Menopause, (pp.213-220). New York: Simon & Schuster.
9. **Sampselle CM** (In Press). A. Hinshaw and P. Grady (Eds). Translating Personal Challenges to Public Policy. Publication scheduled for February, 2010.

Published Abstracts (*Denotes International)

- ***Sampselle, CM**, DeLancey, JOL, & Ashton-Miller, JA (1996). Urinary incontinence in pregnancy and postpartum. Neurology & Urodynamics Journal of the International Continence Society, 15(4), 329-330.

- *Ashton-Miller, JA, DeLancey, JOL, **Sampsel**, CM, Warwick, D, & Schultz, A (1996). An instrumented speculum to measure levator ani muscle strength: Preliminary findings. Journal of Society for Gynecologic Investigation, 3, 114A.
- ***Sampsel**, CM, DeLancey, JOL, Ashton-Miller, JA, & Antonakos, CL (1997). Objectively demonstrable de novo stress urinary incontinence in primiparas. Neurourology and Urodynamics Journal of the International Continence Society, 16(5), 382-384.
- ***Sampsel**, CM, & Miller JM (2003). Urinary incontinence during pregnancy predicts postpartum UI more effectively than type of delivery (Cesarean vs. vaginal). Neurourology and Urodynamics, 22(5), 538-540.
- ***Sampsel**, CM, Messer, KL, Herzog, R, Hines, SJ, Karl, C, & Diokno, AC (2003). Group teaching of pelvic floor and bladder training: Function and knowledge outcomes. Neurourology and Urodynamics, 22(5), 545-546.

Reviews in Refereed Journals

- Perry, S. (1991). Review of changes in pelvic muscle strength and stress urinary incontinence associated with childbirth (Article # 5). Reviewed in Women's Health Nursing Scan, 1991, 5(2), 14.
- Perry, S. (1992). Review of the role of nursing in preventing violence against women (Article # 7). Reviewed in Women's Health Nursing Scan, 1992, 6(3), 16.
- Koss, M. (1992). Review Violence against women: Nursing research, education, and practice issues (Book #3). Reviewed in Contemporary Psychology, 1992, 37(7), 715-716.
- Gazmararian, J et al. (1996). Review of prevalence of abuse among pregnant women choosing certified nurse-midwife or physician providers (Article # 10). Reviewed in Journal of the American Medical Association, 1996, 275(24), 1917-1918.

PAPERS PRESENTED (INVITED)

(*Denotes International)

- Sampsel, CM. Stress: The moderating effects of social support. Keynote address presented at the 12th Annual Conference of the Tennessee Section of the Nursing Association of the American College of Obstetrics and Gynecology, Knoxville, TN, May 1982.
- Sampsel, CM. Changes in pelvic muscle strength from antepartum to postpartum. Michigan State Medical Society meeting, Dearborn, MI, March 22, 1989.
- *Sampsel, CM. "Violence against women: The cultural roots." Symposium presented at the Fifth International Congress of Women's Health Issues, Copenhagen, Denmark, August 25-28, 1992.
- Sampsel, CM. Pelvic floor health: Continence and sexuality outcomes. Presentation at the Fourth Annual Michigan Nurse-Midwifery Conference, Dearborn, MI, October 7, 1993.

- Sampselle, CM. Overview of women's health in the United States. Keynote address presentation at Women in Government Symposium: "Women's health care as preventive medicine." Mackinac Island, MI, July 15, 1994.
- Sampselle, CM. Technique for teaching pelvic muscle exercise. Urology Update: Practical Application of the Guideline for Urinary Incontinence in Adults. Troy, MI, October 1, 1994.
- Sampselle, CM. Strategies for preventing incontinence. The National Multi-Specialty Nursing Conference on Urinary Incontinence. Dallas, TX, February 15-18, 1996.
- Sampselle, CM. Experience as principal investigator of FIRST Award. National Institute of Nursing Research FIRST Award Panel. The 20th Annual Research Conference of the Midwest Nursing Research Society, The Westin Hotel, Detroit, MI, March 30 - April 1, 1996.
- Sampselle, CM. Primary care management of incontinence. Michigan Nurses Association Advanced Practice Council Symposium on Clinical Issues for Advanced Practice Nurses. Grand Traverse Resort, Traverse City, MI, May 16, 1996.
- Sampselle, CM. Urinary incontinence: A women's health problem. John Dingle/Lynn Rivers Women's Health Day. Dearborn, MI, May, 1996.
- *Sampselle, CM. Urinary incontinence: Self-care for midlife women. Health Promotion of Women and Children Conference, University of Chiba, Chiba, Japan, October, 1996.
- Sampselle, CM. Research update on female pelvic anatomy. Wound, Ostomy, and Continence Nursing Conference, Beverly Hills, CA, January 1997.
- Sampselle, CM. State of the science: Women's continence. Association for Women's Health, Obstetric, and Neonatal Nurses National Meeting, Washington, DC, June 17, 1997.
- Sampselle, CM, Association for Women's Health, Obstetric, and Neonatal Nurses RU3: Continence for women. March of Dimes Perinatal Conference, Chicago, IL, February 20, 1998
- *Sampselle, CM. Moving research into nursing practice. University of Windsor, Windsor, Canada, March 17, 1998.
- *Sampselle, CM. Pelvic floor muscle changes in childbirth. International Conference of the Association for Continence Advice, Edinburgh, Scotland, April 21, 1998.
- Sampselle, CM. Recovery from childbirth related pelvic floor injury. National Institute of Child Health and Human Development Conference, Detroit, MI, April 27, 1998.
- Sampselle, CM. Female pelvic anatomy and pelvic organ prolapse. Wound, Ostomy, and Continence Nursing 1999 Continence Conference, Austin, TX, February 4, 1999.

- Sampselle, CM. Continence for women: The evidence base for behavioral intervention. Keynote Address at The 1999 University of Kansas Medical Center Student Research Forum, Kansas City, KS, April 7, 1999.
- *Sampselle, CM. Behavioral treatments and handling of incontinent patients. Co-Chair Symposium 23: 9th International Menopause Society World Congress, Yokohama, Japan, October 17-21, 1999.
- Sampselle, CM. Research update of behavioral treatment of urinary incontinence. SUNA Annual Meeting, Atlanta, GA, April 30, 2000.
- Sampselle, CM. Prevention of UI: The evidence base for behavioral strategies. Seventh National Multi-Specialty Conference on Urinary Incontinence. SUNA. Phoenix, AZ, February 7-9, 2002.
- *Sampselle, CM. Nursing research in the USA: Topics and current status. University of Halle Conference. Wittenberg, Germany, June 25-July 8, 2002
- Sampselle, CM. Overview of current state of incontinence research in young and middle-aged women. Urinary Incontinence: Research, Practice and Policy Issues. Philadelphia, PA, July 12-13, 2002.
- Sampselle, CM. Urinary incontinence is NOT inevitable. National Association for Continence (NAFC) Informative Women's health Forum. Houston, TX, October 5, 2002.
- Sampselle, CM. Pelvic floor issues for midlife women. AWHONN Michigan Section Annual Meeting. Frankenmuth, MI, May 2, 2003.
- Sampselle, CM. The behavioral intervention evidence base must be translated into nursing care. AWHONN 2003 Convention. Milwaukee, WI, May 31-June 4, 2003.
- Sampselle, CM. Pelvic muscle rehabilitation. Wound Ostomy and Continence Nurses Society 2003 Annual Conference. Cincinnati, OH, June 14-18, 2003.
- Sampselle, C.M. Helping your patients to make long term behavioral change. American Urogynecologic Society (AUGS) Scientific Meeting. Hollywood, FL, September 10-14, 2003.
- *Sampselle, CM. Current research on prevention of UI. International Continence Society 33rd Annual Meeting. Florence, Italy, October 5-9, 2003.
- Sampselle, CM. Reaction: Incontinence prevention research. Nursing Research Summit: Shaping Future Directions on Incontinence Research in Aging Adults. St. Paul, MN, October 16-18, 2003.
- Sampselle, CM. Advancing knowledge: Transforming women's lives. Keynote address for Michigan State University Women's Health Issues: A Celebration of MSU College of Nursing Scholarship, May 14, 2004.
- Sampselle, CM. A closer look: Optimizing the management of stress urinary incontinence in primary care practice. Nurse Practitioner Associates for Continuing Education of Advanced Practice Clinicians (NPACE) Conference (Northeast National Advanced Practice Conference), November 3, 2005.

Sampselle, CM. Nickel and dimed in American: Underserved, understudied, & underappreciated. Keynote for University of Texas, Austin, Women's Health Collaboratory, February 9, 2006.

Sampselle, CM. The challenge of health disparities for nursing science. Keynote for University of Chiba, Japan, Health Promotion Conference, February 20, 2006.

Sampselle, CM. & Kane Low, L. Models of mentoring: Varied pathways to success. Mentoring panel organized by the National Institute for Nursing Research for the Midwest Research Society meeting, Milwaukee, WI, April 2, 2006.

Sampselle, CM, Diokno, AC, Hines, SH, Raghunathan, TE, & Wind, J. Self-efficacy in older community dwelling women predicts adherence to pelvic floor muscle and bladder training 4-years post-intervention. American Urological Association annual meeting, Anaheim, CA. May 19, 2007.

Sampselle, CM. New Research for Whom? Research Directions for Childbearing Women. National Institute for Diabetes, Digestive Disorders, and Kidney New Research Directions in Urinary Incontinence Symposium, Bethesda, MD. January 7-9, 2009.

Torres, ER, Sampselle, CM, Gretebeck, KA. Sports/Exercise in Relation to Depressive Symptoms in Black U.S. Adults: Gender & Ethnic Differences. American College of Sports Medicine Conference. April 2010.

University of Michigan Campus

Sampselle, CM. Gender and health. Institute for Research on Women and Gender Symposium, May 6, 2004.

Sampselle, CM. Promoting self-care to prevent urinary incontinence. Keynote speaker for Urology in Clinical Practice Conference, October 21, 2005.

Sampselle, CM. Protocol #855 update: Pelvic muscle strength. University of Michigan Clinical Research Center Seminar Series, Ann Arbor, MI, October 1990.

Sampselle, CM. Update on birthing influences on urinary incontinence mechanisms. Presented at the University of Michigan Hospital General Clinical Research Center Seminar Series, August 17, 1994.

Sampselle, CM. Update on birthing influences on urinary incontinence mechanisms. Presented at the University of Michigan Hospital General Clinical Research Center Seminar Series, August 17, 1994.

Sampselle, CM. & DeLancey, JOL. Birthing and the urinary continence system. Obstetrics and Gynecology Grand Rounds, January 4, 1996.

Sampselle, CM. Gendered Bodies: The bodily experience of birth. Institute for Research on Women and Gender Symposium, March 13, 1996.

Sampselle, CM. Body-invoking experiences: Self-directed childbirth. Rackham Summer Institute Interdisciplinary Panel, November 11, 1999.

REFEREED RESEARCH PRESENTED

(*Denotes International)

Cronenwett, LR and Sampsel, CM. Social competence: A test of the construct with first-time parents. ANA Council of Nurse Researchers Conference, San Diego, CA, December 1985.

Sampsel, CM, & Cronenwett, LR. Behavioral measurement of postpartum marital satisfaction. Midwest Nursing Research Society, Omaha, NE, April 14, 1986.

Sampsel, CM. Clinical measurement of postpartum marital satisfaction. NAACOG Sixth National Meeting, Phoenix, AZ, June 1987.

Sampsel, CM. Measurement of pelvic floor musculature in childbearing women. Midwest Nursing Research Society Conference, Wichita, KS, April 1988.

*Sampsel, CM. Measurement of pelvic floor muscle strength in pregnancy and postpartum. NAACOG Research Conference, Toronto, Canada, July 30, 1988.

Sampsel, CM. Relationships between pelvic muscle strength and stress urinary incontinence in childbearing women. Third International Congress on Women's Health Issues, Tampa, FL, November 11, 1988.

Sampsel, CM. Relationships among pelvic muscle strength, events of childbearing, and stress urinary incontinence. Midwest Nursing Research Society Conference, Cincinnati, OH, April 1989.

Sampsel, CM. Woman abuse: The scope and significance of the problem. Midwest Nursing Research Society Synthesis Conference on Violence Against Women. Indianapolis, IN, April 1990.

Sampsel, C., Brink, C, Wells, T, & Mayer, R. The urine stream interruption test in the evaluation of incontinent women. Paper presented at the meeting of the Gerontological Society of America. Boston, MA, November 17, 1990.

Sampsel, CM. The urine stream interruption test: An index of pelvic muscle strength. Presented at the meeting of the Midwest Nursing Research Society. Oklahoma City, OK, April 30, 1991.

Sampsel, CM. Pelvic muscle strength and prevalence of stress urinary incontinence in primigravid women. International Nursing Research Conference. Columbus, OH, May 19-22, 1992.

*Sampsel, CM. Prevalence of urinary incontinence in primigravid women at 20 and 35 weeks gestation. International Congress on Women's Health Issues. Copenhagen, Denmark, August 26, 1992.

Sampsel, CM. Pelvic support structures and urinary incontinence in primigravid women. Paper presented at the Midwest Nursing Research Society Conference, Cleveland, OH, March, 1993.

- Sampselle, CM, DeLancey, JOL, & Ashton-Miller, JA. Effect of pelvic muscle exercise on postpartum urinary incontinence in primigravid women. Poster presented at the Women's Urological Health Research Symposium, sponsored by the National Institute of Diabetes, Digestive and Kidney Disorders, Bethesda, MD, March 11-13, 1994.
- Sampselle, CM. Menopause in African-American and Mexican-American women: A feminist perspective. The 20th Annual Research Conference of the Midwest Nursing Research Society, The Westin Hotel, Detroit, MI, March 30 - April 1, 1996.
- Sampselle, CM. A pelvic muscle exercise: Therapy for urinary incontinence in pregnancy & postpartum. Presenter for opening session: Midwest Nursing Research Society 22nd Annual Research Conference: Advancing the Research Enterprise in Nursing. Hyatt Regency, Columbus, OH, March 28-31, 1998.
- Schuiling, KD, Small, YV, Sampselle, CM, & Breck, SK. Measurement of birth-induced perineal strain. Midwest Nursing Research Society 23rd Annual Research Conference: Nursing Research & Policy: Moving to the 21st Century, Indianapolis, IN, April 9-12, 1999.
- Sampselle, CM, Hines, SJ, Mupepi, S, Small, Y, Miller, JM, & Antonakas, C. Incidence of de novo stress urinary incontinence in primiparous women. Midwest Nursing Research Society 24th Annual Research Conference. Dearborn, MI, March 31-April 1, 2000.
- Sampselle, CM, Luecha Y, Fischer, KA, Miller JM, & Antonakos, CL. Provider communication during second stage labor predicts spontaneous vs. directed pushing. Midwest Nursing Research Society Annual Research conference, Cleveland, OH, March 2-5, 2001.
- Sampselle, C.M; Messer, KL, Herzog, AR, Hines, SH, Karl, CR, Diokno, AC. Effectiveness of classroom instruction in behavioral modification for the prevention of urinary incontinence. Women's Health and Menopause, 4th International Symposium, Washington, DC, May 21, 2001.
- Sampselle, CM, Miller J, Antonakos C, Morris C, Tolbert M, & Sedman R. Balancing scientific integrity and burden: The PERL randomized controlled trial. Midwest Nursing Research society Annual Research Conference. Grand Rapids, MI, April 4-7, 2003.
- *Sampselle, CM, Messer, KL, Herzog, AR, Hines, S, Karl, C, & Diokno, AC. Group teaching of pelvic floor and bladder training: Motor and cognitive outcomes. International Continence Society 33rd Annual Meeting. Florence, Italy, October 5-9, 2003.
- *Sampselle, CM, & Miller, J. Urinary incontinence during pregnancy predicts postpartum UI more effectively than type of delivery (caesarean vs. vaginal). International Continence Society 33rd Annual Meeting. Florence, Italy, October 5-9, 2003.
- Messer, KL, Herzog, AR, Raghunathan, TE, Diokno, AC, Sampselle, CM, Hines, SH, & Seng, JS. Mass mailing recruitment strategy for a prevention of urinary incontinence clinical trial. Gerontological Society of America Meetings. San Diego, CA, November 13-16, 2003.

Diokno, AC, Sampsel, CM, et al. Group session teaching behavioral modification program: Can successful teaching be accomplished by trained urology nurses?: A pilot study. AUA. San Antonio, TX, May 21-26, 2004.

*Sampsel, CM. Effect of a reduced frequency of prescribed exercise protocol to maintain pelvic muscle volitional pressure. Podium presentations at the National Congress on the State of the Science in Nursing Research, Washington, DC, October 6-8, 2004.

AWARDS AND HONORS

(*Denotes National or international)

- 1972 Golden Apple Award for Teaching Excellence, University of Illinois School of Nursing
- 1977 Physical Assessment for Nursing Faculty Fellowship, Case Western Reserve University
- 1980 March of Dimes Prenatal Nutrition Fellowship, Montreal, Quebec
- 1981 Faculty Development Award, University of Tennessee Knoxville
- 1983 Preliminary examination with honors, University of Michigan
- *1984 American Nurses' Foundation Pew Scholar
- 1990 Mae Edna Doyle Teacher of the Year Award, University of Michigan School of Nursing
- *1991 Best Published Manuscript Award, *Journal of Nursing Scholarship*, Sigma Theta Tau
- *1992 Elected as Fellow in the American Academy of Nursing
- 1995 Joint Appointment, University of Michigan Department of Women's Studies
- *1996 Appointed Principal Investigator of Association for Women's Health, Obstetric, and Neonatal Nurses Research Utilization Project on Urinary Incontinence
- 1997 Joint Appointment, University of Michigan Department of Obstetrics and Gynecology
- 1999 Best of Published Manuscripts Award, *Journal of Wound, Ostomy and Continence Nursing*
- 1999 Faculty Fellow, Rackham Summer Interdisciplinary Institute
- *2000 Finalist Fulbright Distinguished Chair
- 2000 Named Carolyn K. Davis Collegiate Chair
- *2002 Named AWHONN Continence Care Champion by the National Association For Continence (NAFC)
- *2004 Named to International Consultation on Incontinence Committee: Promotion Education and Organization for Continence Care
- *2007-08 Visiting Scholar, University of Pennsylvania; Dean's Lecture, April 14, 2008.
- *2008 Pathfinder Award for sustained, widely disseminated research that has benefited human health by Friends of the National Institute of Nursing Research
- *2009 Expert Panel to advise National Institute of Nursing Research on Future Directions for Research and Training, June 2009.
- *2009 Appointed to Distinguished Editorial Panel 3, Health Care Delivery and Methodology, for second level of review of challenge grant applications.
- *2009 Appointed Chair, National Institute of Nursing, Strategic Plan 2011-2016 Development Committee.
- *2010 Appointed Robert Wood Johnson National Mentor for the RWJ Nurse Faculty Scholars Program.
- 2010 Doctoral Student, Ruth Zielinski first Nursing doctoral student to be awarded UM Rackham Distinguished Dissertation Award, April 29, 2010 .

PROFESSIONAL SERVICE

Synthesis Conference: "Violence Against Women: Implications for the Mental Health Research Agenda and Clinical Practice." Midwest Nursing Research Society, Indianapolis, IN, 1990.

Funded by Midwest Nursing Research Society for \$2,000.

Proceedings subsequently incorporated into book (See Books and Chapters Section).

Royalties used to fund Midwest Nursing Research Society Women's Health Doctoral Dissertation Award. (1998)

Symposium Organized: "Violence Against Women: The Cultural Roots". Presented at the Fifth International Congress of Women's Health Issues in Copenhagen, August 25-28, 1992.

Technical Advisor to the Urinary Incontinence Update Panel, U.S. Department of Health and Human Services, Public Health Service, Agency for Health Care Policy and Research, 1994-96.

Member of the Association of Women's Health, Obstetric, and Neonatal Nurses and National Association of Nurse Practitioners in Reproductive Health task force to develop Women's Health Nurse Practitioner: Guidelines for Practice and Education, 1995-96.

Co-Principal Investigator of the Association of Women's Health, Obstetric, and Neonatal Nurses Research Utilization Project: Continence for Women, 1996-98.

Member of the Center for Disease Prevention and Control Panel on Research Guidelines for Standardizing the Measurement and Investigation of Violence Occurring Around the Time of Pregnancy, 1997.

Member of the National Institute of Nursing Research Themes Meeting, October 2002.

Invited participant in the National Institute of Nursing Research work group on The Science of Self Management, November 9-10, 2004.

Invited participant in the International Consultation on Incontinence Committee, which convened in Monaco in June 2004. The committee's deliberations will be published in the volume entitled *Incontinence* in June 2005.

External reviewer of tenure materials:

- University of Tennessee-Knoxville, College of Nursing, Knoxville, TN, 1992.
- Kent State University, Kent, OH, 1993.
- University of Tennessee-Knoxville, College of Nursing, Knoxville, TN, 1995.
- Johns Hopkins University, Baltimore, MD, 1996, 1998.
- University of Alabama, 1998.
- University of Wisconsin, 1999.
- University of Pennsylvania, 2004
- University of Florida, 2004.

- University of Kansas, 2004
- University of Texas Health Sciences Center San Antonio, 2004
- Case Western Reserve, 2005
- University of Pennsylvania, 2006
- University of Pittsburgh, 2006
- University of Pennsylvania, 2008
- Arizona State University, 2009
- University of Texas at Austin, 2009
- University of Pennsylvania, 2009

University of Michigan Service:

- Rackham Pre-Doctoral Fellowship Review Committee, 1989
- Biomed Research Council, 1992-1995
- Search Committee, Director Affirmative Action/Human Resources, 1993
- Michigan Initiative for Women's Health, Steering Committee, 1994-95; elected to two-year term 1996-1998; Co-chair 1998-2000; Program Director to present
- Health and Society Living-Learning Program Advisory Board, 1996-1997
- Institute for Research on Women and Gender Executive Committee, 1997-1999
- Senate Assembly Committee on Tenure, 1997-1999
- Interdisciplinary Program in Feminist Practice Faculty Council, 1997-1998
- Rackham Summer Interdisciplinary Institute, 1999
- Interdisciplinary Task Force on Graduate & Professional Studies, 1999
- Fogarty Program in Reproductive Health, Steering Committee, 1999-2000
- BIRWCH (Building Interdisciplinary Careers in Women's Health) Program Steering Committee, 2000-present
- Office of the Vice President for Research, Chair Grievance Committee, 2001
- Women's Studies Review Committee, 2002-2005
- Institute for Research on Women and Gender third year reviews, 2002 & 2004
- Vice President for Research Search Committee, 2004-2005
- Institute for Research on Women and Gender Executive Committee, 2009-2011

School of Nursing Service:

- Search committee member, Director of Acute, Critical, and Long-Term Care Programs, 1999
- Provider Review Board, 2000-2005
- Faculty Practice Plan Advisory Group member, 1998-2008
- Director, Women's Health Disparities pre and post doctoral training grant
- Appointment, Promotion, and Tenure Committee member, 1998-2003
- Committee on Academic Admissions and Scholastic Standing, member, 2004-2005
- Chair, Search committee, Director of Division of Health Promotion Risk Reduction, 2007
- Appointment, Promotions, and Tenure Committee, member, 2005-2007
- Appointment, Promotions, and Tenure Committee, chair, 2007-2009
- Executive Committee, 2009-2012

PROFESSIONAL AND ACADEMIC MEMBERSHIPS

American Nurses Association, State of Michigan, District 51 and Council of Nurse Researchers, Council of Advanced Practice, 1972-Present.

International Council of Women's Health Issues, Scholarship Committee 1988-1993.

American Academy of Nursing, 1992-Present.

Council for the Advancement of Nursing Science, 1999-Present.

-Member, Program Planning Committee, 2005.

The Association for Women's Health Obstetric and Neonatal Nurses

- Vice-coordinator, Eastern Tennessee Region, 1980-81
- Member, National Research Committee, 1990 to 1993
- Chair, Abstract Review Committee AWHONN District V 1993 Annual Conference
- Member, Task Force for Review of Women's Health NP Standards, June 1995
- Chair, Research Utilization 3 Project, Continence for Women, 1995-1999

Midwest Nursing Research Society, 1983 to Present:

- Co-convenor of Women's Health Research Section, 1988-1990
- Organizer of Women's Health Dissertation Research Grant, 1996-1998
- Chair, Grant Review Committee, 2001-2003
- Member, Grant Review Committee, 2009-2011

Sigma Theta Tau, Rho Chapter, 1964-Present

- Corresponding Secretary, 1987-1991
- Delegate Biennial Convention, 1987 and 1991
- President 1992-1993

Society of Urological Nurses and Associates, 1995-2005.

American Urogynecology Society, 1997-Present.

International Continence Society, 1996-Present.

National Organization of Nurse Practitioner Faculties, 1998- Present.

EDITORIAL BOARD SERVICE

Every Woman: The Essential Guide for Healthy Living. Founding member of Editorial Board.

Washington, DC: The Association for Women's Health, Obstetric, and Neonatal Nurses, 2000-2006.

National Association for Continence. Member of the Board of Directors. Charleston, SC. 2003-2007.

Jacobs Institute for Women's Health. Editorial Board, Women's Health Issues. Washington, DC. 2003-Present.

Guest Editor, special supplement to *Journal of Nurse Practitioners in Women's Health* entitled "Strategies for the Prevention and Management of Stress Urinary Incontinence in Childbearing and Community-Dwelling Older Women" (February 2005).

Guest Editor, special issue of the journal of *Research for Theory and Nursing Practice, Building Translation Science with Interdisciplinary Research*, Volume 24, Number 1, ISSN 1541-6577 (2010).

CERTIFICATION

NCC Certification, Women's Health Nurse Practitioner, Earned July 1989 and maintained to present

Michigan Specialty Certification 4704139600

LICENSURE

Nursing Licensure: Michigan 139600